



ON TOP[®]

GOD. FAMILY. HEALTH. CAREER. MONEY

*A 10-week discipleship program for
men to get on top of the things that
matter most.*

MARCUSDBENJAMIN.COM

Living in the Black – Concept

Helping men and women across the world get out of the red and into the black in the five key areas of life – Spiritual, Emotional, Relational, Physical and Intellectual.

OUT OF THE RED INTO THE BLACK

GRACE SPACES

1 SPIRITUAL
POSSESSING AN AUTHENTIC, GROWING & ENERGETIC RELATIONSHIP WITH GOD WHILE ENGAGING THE HOLY SPIRIT AND HIS GIFTS FOR SERVICE WITHIN THE KINGDOM OF GOD.
EPHESIANS 3:16

2 EMOTIONAL
POSSESSING THE GRACE TO RESIST THE ENTICEMENT OF NEGATIVE EMOTIONS WHILE REACHING FOR HEALTHY INTERPRETATIONS AND RESPONSES TO THE DEMANDS OF LIFE.
III JOHN 1:3

3 RELATIONAL
POSSESSING THE GRACE TO RELEASE OR RECATEGORIZE UNHEALTHY RELATIONSHIPS WHILE HAVING THE COURAGE TO REACH OUT AND CULTIVATE HEALTHY RELATIONSHIPS.
ECCLESIASTES 4:9

4 INTELLECTUAL
POSSESSING THE GRACE TO CHALLENGE LEARNING LIMITS AND ENGAGE THE DISCIPLINE TO MASTER WHAT IS NECESSARY TO BE PRODUCTIVE AND PROSPEROUS IN LIFE.
COLOSSIANS 1:9

5 PHYSICAL
POSSESSING THE GRACE TO CHALLENGE PHYSICAL LIMITATIONS WHILE EMBRACING THE ATTITUDES AND ACTIONS OF HEALTHY LIVING.
PSALM 91:16

"I AM THE LORD WHO TEACHES YOU TO PROFIT. WHO LEADS YOU IN THE WAY YOU SHOULD GO." - ISAIAH 48:17

"YOU ANOINT MY HEAD WITH OIL AND MY CUP OVERFLOWS." - PSALM 23:5

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On a scale of 1-10 (1 being red and 10 being black), rate yourself on the five key areas above.



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CAREER AND MONEY





Yes, I'm Excited!

Marcus D. Benjamin

Husband | Father | Pastor

For over 20 years, I had the challenging privilege of coaching men in their teens as well as their fifties; men making a million dollars a year and men without a dime to their name; men who already had a strong relationship with God and men struggling with questions about God. I've seen men at their highest and their lowest and I am honored to be a part of all their lives. Now, through the *On Top*® discipleship program, I am excited to be a part of your life as well.

60 minutes for 10 weeks



ON TOP®



Your church has made an Investment...
in *you*, which was a great decision!

- Commit to the bi-weekly time established by your church for the group gathering.
- Actively participate in the bi-weekly gathering as opposed to simply attending.
- Each week, establish a set, unchangeable time for you to personally engage the OnTop® material for at least 30 minutes.
- Be open to the Holy Spirit guiding you to act upon what you've heard in the gathering and your personal study.
- After you finish the discipleship program, use Instagram or Facebook to shoot a 60 second video wearing your *On Top*® shirt and tag your church and me.

Maximize Your Investment

Learning to Listen



"A wise man will hear and increase learning."

As I am being introduced to speak, I genuinely get nervous as I am referred to as *"one of the smartest people they know."* Not only is this great pressure, in my estimation, it is partly inaccurate. It's partly inaccurate because although I maybe the smartest person "they" know, I'm not really that smart, in the traditional sense of the word.

Truthfully, as a teenager I developed a deep hunger to learn whatever was necessary to improve my life. I realized through the study of God's Word that people perish not due to sincerity, but due to the lack of knowledge. I determined this would not be me. It is because of this deep hunger that I don't refer to myself as smart. When most think of smart, they think of some inherent trait or bent toward intellectual prowess. I didn't have this. I was, and still am, simply hungry to learn.

I've studied widely, obtained advanced degrees, interviewed hundreds of men and coached thousands and today, I am making over 20 years of insight available to you. Through short, clear video messages you will gain an enhanced perspective of what it means to be OnTop®. One of my greatest assets in life is that I have learned to listen. I hope you benefit from that trait in this series.

> > LET'S GET STARTED! < <



Week One

Relationship with God

Q1 *What encouraged you most from this session?*

Q2 *What did you hear that you never knew before?*

Q3 *What challenged you most from this session?*



What's Next?

*Learning without action is
wasted time.*

Q1

Are you progressing, stagnant or declining in your relationship with God? Be honest, but not critical. Make an honest assessment.

Large empty rectangular box for response to Q1.

Q2

What is one action you can commit to right now to do for the next 30 days that will improve your relationship with God?

Large empty rectangular box for response to Q2.



Q1

What encouraged you most from this session?

Q2

What did you hear that you never knew before?

Q3

What challenged you most from this session?




For the Group

Interaction is one of the greatest tools of learning.

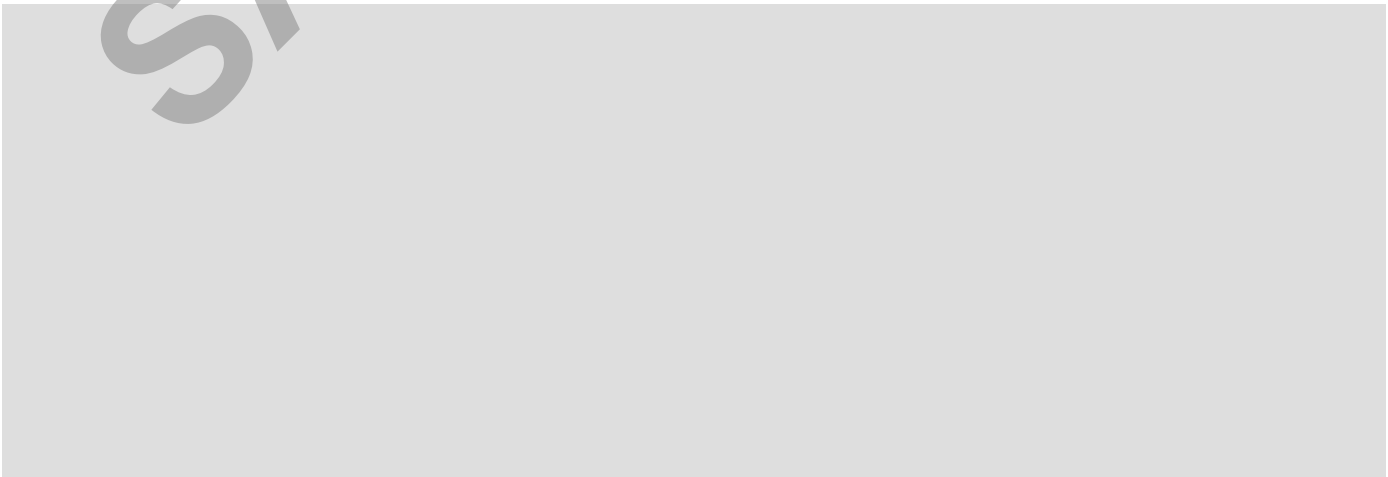
Q₁

When was the last time you had a medical physical, met with your pastor or had a visit with a professional counselor?



Q₂

What are some preconceived attitudes or perspectives that prevent men from physical examinations and counseling sessions?





Week Three

Relationship with Wife

Q1 *What encouraged you most from this session?*

Q2 *What did you hear that you never knew before?*

Q3 *What challenged you most from this session?*




For the Group

*Interaction is one of the
greatest tools of learning.*

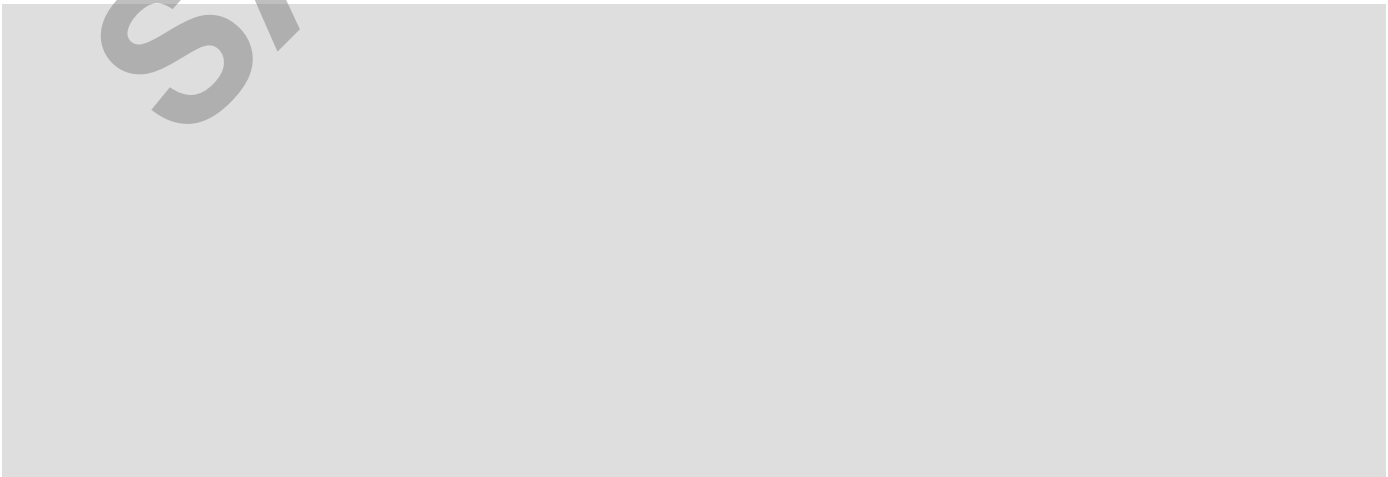
Q1

What is the greatest struggle you have relating to or understanding your wife, fiancée or girlfriend?



Q2

If you could do one thing to have a positive impact upon your relationship with your wife, fiancée, or girlfriend what would you do?





Week Four

Relationship with Children

Q1

What encouraged you most from this session?

Q2

What did you hear that you never knew before?

Q3

What challenged you most from this session?



For the Group

*Interaction is one of the
greatest tools of learning.*

Q₁

What gives you the greatest joy with your children? What gives you the greatest anxiety?

Large gray rectangular area for response to Q1.

Q₂

Think back to your childhood. What is one thing you wished your father would have done that he did not do?

Large gray rectangular area for response to Q2.



Q1

What encouraged you most from this session?

Q2

What did you hear that you never knew before?

Q3

What challenged you most from this session?



What's Next?

*Learning without action is
wasted time.*

Q1

What was your biggest money mistake and what was the lesson learned from it?

Large gray rectangular area for response to Q1.

Q2

What was the best career or money advice that you received? Was it easy or hard to implement?

Large gray rectangular area for response to Q2.

2019 Goal Sheet

"A goal is a dream with a deadline."
-Napoleon Hill



Q1

What is one BIG, measurable goal that you commit to pursuing in your relationship with God?

Q2

What is one BIG, measurable goal that you commit to pursuing in your physical and emotional health?

Q3

What is one BIG, measurable goal that you commit to pursuing in your relationship with my wife or girlfriend?

Q4

What is one BIG, measurable goal that you commit to pursuing in your relationship with my children?

Q5

What is one BIG, measurable goal that you commit to pursuing in your career, calling or money?

Commit to Memory



L1

Without faith, it is impossible to please Him. For whoever comes to God must believe that He is and is a rewarder of them that diligently seek Him. - Hebrews 11:6

No one needs a crash-course on distractions because each of us deal with them daily. What we need is a fresh commitment to pursuing spiritual things. God rewards the man who is a diligent seeker not a casual participant.

L2

What does it profit my brethren if a man say he has works? Can faith by itself save him? -James 2:14

Faith, like a Mustang, Ferrari or Porsche is powerful and desirable, but without fuel, is paralyzed. Actions that agree with our faith give fuel to our faith. Visiting a doctor, pastor or counselor regularly is a positive response to your faith in God.

L3

Husbands dwell with your wife according to knowledge; giving honor to her as the weaker vessel, and being heirs together of the grace of life so your prayers aren't hindered. -1 Peter 3:7

Fine cutlery is weaker than normal dinnerware and so too are wives. Wives are not morally or inherently weaker than men. Wives are more delicate (weaker) than men and must be handled carefully, so as not to damage her but stimulate her great worth.

L4

As arrows are in the hand of a mighty man, so are children of the youth. -Psalm 127:4

Arrows don't aim or shoot themselves. Someone with skill aims and shoots the arrow at a definite target. Fathers, you are the skillful archer who is to aim and shoot his children. Wives give character but fathers give identity and direction.

L5

And also that every man should eat and drink and enjoy the good of all his labor; it is the gift of God. -Ecclesiastes 3:13

Without reservation, it must be stated that God expects men to be fruitful in their chosen occupation or calling. We must regularly seek ways to enhance our skills and position ourselves for productivity and prosperity. This is a gift of God.

On Top Checklist

Check off each one!



Commit to Prayer & Study

Through reading God's Word and prayer, we come to know Jesus in a deeper way.

Connect to your Kids

When kids become adults, it matters to them if you connected with them.

Commit to Personal Growth

The greatest gift you can give to your family and friends is a better version of yourself.

See a Professional

Make regular visits to see a doctor, pastor, and counselor to stay on top of yourself.

Become Goal Oriented

Goals must be big enough to excite and realistic enough to be pursued confidently.

Master Real Relationships

Most don't know that their network has a direct impact upon their net worth.

Serve your Wife

Find ways on a regular basis to serve the woman in your life without expecting something in return.

Grow as a Professional

Research and act upon specific ways to grow your skill and your money in 2019

You Made it...

*Starting is good,
finishing is success.*



I wanted to put together a discipleship program that would add measurable value to men. So often men get a bad rap, and truthfully, it's largely due to not having the type of mentorship that many women receive. Most men learned by watching, and sadly, much of what we watched wasn't the best example. This is not to say we didn't see good characteristics in some men, but if we are honest, those characteristics were few and far between.

The negative characteristics stood out to us much more than the good characteristics, and as a result, many men ended in situations that didn't support a strong future. At the same time, the expression of true manhood was often shrouded as we attended church. Sadly, many men are just there, disengaged and unchanged. It is my hope that this program will peel off some layers, challenge some preconceived notions, and correct some erroneous thinking.

I am not perfect and I don't have all the answers; but the answers I do have, I wanted to share them with you. Over the past 20 years, within each of the areas mentioned in this program, I have experienced great success. A few of them were very challenging as I went through the process, but I am so grateful I didn't give up. The way I am sharing this with you, I ask you to identify 2-3 of your closest friends and challenge them to make the investment to get **On Top**[®] of the things that matter.

@MarcusDBenjamin

